

Brass Practice Diary

Exercises	WK1	WK2	WK3	WK4	WK5	WK6	Wk7	Wk8	WK9	WK10
Breathing 2mins										
Buzzing 3mins										
Long Notes 3mins										
Flexibility 2mins										
Scales 5mins										
Songs 10mins										
Band Music 10mins										
Sticker (If practiced 3+ x 1 week)										

*Each time you complete the activity for the allocated time, place a tick in the box for that week. E.g. if I practice long notes for 3mins 5 for 5 days in week 4, I will tick the long notes box 5 times in the WK4 column.