



*Learning and achieving through
respect, responsibility & resilience*

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23 February 2021

PRINCIPAL'S REPORT

Principal's Message

What a great start to the school year! We have had an action-packed few weeks and are delighted to share news of the many achievements and initiatives already underway in 2021.

Congratulations to:

The Smart Transitions Youth Advisory Council who met with Industry Leaders Mitch Innes and Lori Smith, General Manager of Daunia Mines along with Maree Merrett showcasing the Automation Haulage Artificial Technology.

Our talented Ruby Union and Rugby League Teams that have played in Central Highlands Trials with determination while also displaying tremendous sportsmanship.

Many of our students who are excelling in sports outside our school including BMX, Footsal and Rugby league.

All of our wonderful students who have embraced the No Mobile Phone Policy, we have celebrated across the past four (4) weeks with a BBQ and teacher aides catching 'random acts of kindness'. We ask parents to assist our school staff by contacting your son/daughter via the school office: 07 4941 1888.

Leadership Assembly

On Monday 8th March 2021, is a great opportunity to publicly recognise our current Captains, Vice Captains and Student Council. This important assembly will acknowledge the achievements of our students who have received awards, bursary or invited to attend projects already in 2021.

School Activities during lunch times

A reminder to all students that a range of school activities are being run during lunch times including: Mr Mhende's Chess Club, Mr Dixon's Robotics Club and Mrs Ledgards/Mrs Hanns Netball Tournament.

STEM: Excellence in Science and Maths

Please watch this space for information on our new Science and Maths Programs that will be rolling out in 2021. Year 9 and 10 students will be engaged in a series of STEM online webinars and practicum projects across the year, building our staff and students capabilities in STEM.

School Camps – 2021

Years 7-8, 9-10 and years 11-12 will have the opportunity across the year to participate in school camps with an emphasis on curriculum and leadership. All students are encouraged to engage in school, attend each and every day and abide by the school rules: Respect, Responsible, Resilience and Results. School Camp information will be announced soon

Youth Advisory Council

6 of our year 9-12 students are members of the Moranbah and Dysart Youth Advisory Council which met on Saturday 20th February 2020 at the Moranbah Community Centre. Our students along with Moranbah SHS, met with representatives of BHP to learn more about Autonomous Haulage and the 4th Industrial Revolution. Special Guests included Lori Smith: General Manager Daunia Mines, Maree Merret: Training Leader Autonomous Haulage and Mitch Innes



Cherryl Perry
Principal – Dysart State High School



VISION STATEMENT
Learning and achieving through **respect, responsibility and resilience** to optimise **results.**

IMPORTANT DATES TO REMEMBER

23th Feb – 5 pm Parent Teacher Meet & Greet

Please visit our website for term calendars and upcoming dates:

<https://dysartshs.eq.edu.au/>

SCHOOL THEME

Our theme for the year is to **Respect 4 all**. Students can demonstrate this by:

- Respect for the values and beliefs of others
- Respect through positive behaviour, language and relationships
- Respect for the learning of others and self

POSTIVE BEHAVIOUR for LEARNING FOCUS

We show respect by treating others the way we want to be treated.

GUIDANCE OFFICER NEWS

FROM THE GUIDANCE OFFICER

Welcome back to a new year at Dysart State High School. I hope your holidays were relaxing and refreshing. For those parents and students who do not know me, my name is Markus Knust and I have the pleasure of working as the school's guidance officer.



As guidance officer, I am available to students and families who wish to seek assistance and support relating to personal, social, behavioural, emotional and educational concerns. I also offer counselling services as part of my role. Ideally, counselling is short term and is directly linked to the student's ability to engage in learning. When counselling is judged likely to be long-term or involve other members of a family, it is sometimes appropriate for me to consider referring the student to additional support agencies.

I can also help with educational and personal matters such as: anxiety; bullying; grief and loss; family and peer relationships; self-esteem; stress; study habits and skills; time management; behaviour; anger; coping strategies and career development, to name a few. I will also endeavour to provide other relevant information for students and parents through the school newsletter as the year goes on.

If you would like to make a time to speak with me, please contact office administration.

I will be attending Dysart State High School every Monday and Thursday.

Markus Knust (Guidance Officer)



Getting ready for school...

Getting back into the routines of the school day can be challenging after a long break, especially if this your child's first year at school or if it is a new school for them – there is a lot going on!

Here are some practical suggestions that you could consider to make the transition back a little easier:

- Be sure to have all the equipment you need (e.g. lunch boxes, bags, stationery and books, uniforms etc.)
- Make sure you have labelled equipment and belongings clearly with their name.
- Try to make some time after-school to ask how their day was, perhaps while having a snack.
- Be patient if your child wants to blurt out every little detail about school, or is unwilling to talk much at all. You could try saying something like, "Tell me one good thing about your day", rather than asking too many questions.

- Try to be flexible with snacks and meals. Your child will probably be very hungry after school. If you give them a small, healthy snack straight after school, it may help to keep them going until dinner.
- If your child doesn't seem to be settling well, or tells you about problems they are having with other students, it's a good idea to speak to your child's CARE teacher, Year Level Coordinator or another member of staff to seek support.

Adapted from <https://raisingchildren.net.au>



Starting and continuing secondary school ...

Starting and/or continuing high school can be a very exciting new step for young people. It can also be very confusing and quite scary for some teenagers. There are several big changes from primary school and many teenagers can "go backwards" for a short while as they learn to adjust to all the new changes and expectations.

Changes at high school

- Young people who have been at the top of the school in primary school feel important and valued. When they start high school it is usually a much bigger place with many more students and they are at the bottom rather than the top of the school.
- In primary school students often have only one teacher to relate to for most of their subjects, and one classroom. At high school they usually have different teachers and classrooms for every subject and this can be very confusing and take some time getting used to.

Stresses on young people

When undertaking high school young people will hopefully be enjoying the new challenge but there are some stresses that you may need to be aware of. They may feel:

- lost and confused before they orient themselves to the new situation
- lonely and unhappy until they make new friends
- anxious that they will not be able to cope with the new demands for learning
- worried that they will not be "one of the group"
- worried that they will not live up to their parents' expectations
- tired and irritable with all the new demands

Behaviour

Your young person may show stress in the following ways:

- being irritable and short tempered
- being disagreeable or not wanting to talk to you
- sometimes wanting to be treated as an adult, other times wanting to be a child again
- changing behaviour in order to impress, e.g. silliness or rebelling against parents
- stomach aches, headaches or not wanting to go to school.

We can all make the transition to high school that little bit easier by asking for help and having conversations at home about how you are feeling, what is going well and not so well.

At Dysart SHS, we as a staff are committed to helping all students to achieve success both academically and in relation to positive wellbeing.

GRIP LEADERSHIP

GRIP LEADERSHIP CONFERENCE IN MACKAY:

On Monday the 8th of February 2021, our school Captain Crystal-Rose Paul and Vice-Captain Jorja Telford attended the GRIP Leadership Conference in Mackay.

Crystal-Rose: "This was my fifth year attending this conference and would be my last as I am graduating this year. It continues to allow me to further develop my leadership skills and gain a better knowledge and understanding of how to successfully lead a team of my peers in a school environment. I will also be able to take these skills with me out into the workforce in the future as they will prove very beneficial in whatever career path I choose to pursue."

Jorja Telford: "Grip Leadership was an incredible way for me to learn how to approach my year as a student leader. Their lectures were very inspiring and insightful and gave me many ideas about what I wish to pursue this year as a member of the Student Council. The entire day was very enjoyable and I look forward to attending again next year."



AUSTRALIA DAY

Vice-Captain Jorja Telford represented Dysart State High School as a flag bearer on Australia Day.

Not only was the role of flag bearer for the Australia Day celebration a great privilege, it was also a memorable

experience. The ceremony was beautifully presented and the speakers were very insightful. Their speeches on the importance of Australian people, place and culture are ones I will retain. I hope to be involved again next year.

Jorja Telford.



NEW STAFF

With a new year, comes some new staff. Dysart State High School would like to welcome our new staff to Dysart State High School. Over the coming editions we will introduce each staff member in a bit more detail.

Cherryl Perry – Principal

Kellie Elzer –
Administration Officer

Paula Arnold – Pathways
Officer

Ruobing Cao – Teacher

Wendy Dillon – Teacher

Robert Dixon – Teacher

Rebecca Ledgard – Teacher

Hayley Matschoss –
Teacher

David Exton – Instrumental
Music Teacher

LOCAL NOTICES

Dysart Recreation Centre Social Activities

There is always something happening at the Dysart Recreational Centre.

Sport / Activity	Day / Time	Cost	Further info
Hockey	Monday 3pm to 4pm	\$5	5yrs to 11yrs Starting on 22/02/21
Netball	Tuesday Juniors 2.45pm to 3.25pm Seniors 6pm to 7.30pm	\$5	Juniors 5yrs to 15yrs Seniors 15yrs and over
Futsal	Wednesday 6pm to 7.30pm	\$5	14yrs and over
Tumble tots	Tuesday & Thursday 10am to 11am	\$5	0yrs to 4yrs

If you have any questions on activities held at the Recreation Centre please call

M: 0428 046 362

ABSENCES FROM SCHOOL or LATE ARRIVAL

Absences may be explained in a number of ways:

- A note explaining the absence, signed by a parent/guardian (submitted to the care teacher).
- A text message by parents/guardians, in response to the notification sent by the school.
- A phone call from a parent/guardian to the office.

Late arrivals should report to the office on arrival at school, and sign the late book. Students will be provided with a late slip, which should be presented to their teacher on entry to the classroom. Students who are late to school with no valid reason are required to make up this time.

Parents/guardians will be contacted by a text message daily if their student is not in attendance at the time of roll marking. If the parent/guardian does not reply to the text, or otherwise contact the school, to explain the absence, a phone call will then be made to the parent/guardian seeking an explanation. Contact will also be made via note, text message or phone when students have extended periods of unexplained absence. Total absences, explained or unexplained, are recorded on all Report Cards.

ATTENDANCE TEXT MESSAGES

Parents/Care Givers,

When receiving a text message about students absent for care class you can text the number with the reason for the student's absence. The office staff will then receive this message and import it into the system. Using the text system will limit phone calls and absent letters home.

ILLNESS or ACCIDENT AT SCHOOL

If a student becomes ill or is involved in an accident while at school, the school will take appropriate immediate action and will notify the parents/guardians. In cases of serious illness or injury, if necessary, an ambulance will be called. There is a 'sick bay' area located in the Administration Building to which students may be withdrawn as a temporary measure. If a student is ill and cannot return to class after a short withdrawal, parents/guardians will be contacted if possible.

School staff are not to administer prescription medications, unless we have a completed Action Plan and/or Care Plan and the medication includes an original pharmacy label detailing the name of the person authorised to take the medication, dosage, time to be taken and medical practitioner's name.

The administration of over-the-counter medications, including Ventolin, Paracetamol, analgesics and homeopathic medication, is subject to the same guidelines as prescription medications. Parents/caregivers who deem their students capable of self-medicating of non-controlled prescription drugs must still complete an Action Plan and seek permission from the Principal.

LEAVING SCHOOL GROUNDS

Students who have to leave the school grounds temporarily during the day to attend a medical appointment or other urgent business, must present a note from a parent/guardian or have the parent/guardian call the office prior to departure. They must also then sign out in the book at the office counter and sign in on return to school. A Leave Pass will be issued to the student both on their departure and their return and the absence noted in OneSchool. Students are not permitted to leave the grounds at lunch, and the school does not issue lunch passes.

PATHWAYS NEWS

We welcome Paula Arnold as the new Pathways Officer. Paula works 5 days a week and is available between the following hours 8.30am – 3.00pm each day.

Youth Advisory Council Meeting

The Youth Advisory Committee's first meeting for 2021 was on the 20th February over in Moranbah. BMA kindly organised a bus to transport the students from Dysart to Moranbah and back on the Saturday. **Apprenticeships, traineeships, work experience**

Paula is busily making contact with students and families to get an understanding of what students are interested in pursuing and matching them up with available apprenticeships, traineeships and work experience.

If you are a local business and interested in offering DSHS students the opportunity for any of the above, please get in contact.

There is no time like the present to update your details so we would like to share a couple of resources for resume and cover letters. Please see links below:

<http://cv.myresume.com.au/cvSample.do?industryId=6>

<http://career-advice.careerone.com.au/resume-cover-letter/sample-resume/jobs.aspx>

<http://www.careerfaqs.com.au/careers/sample-resumes-and-cover-letters/>

For further information please contact Paula Arnold, Pathways Officer.

P: 4941 1888

E: parno17@eq.edu.au

YEAR 13 STUDY SUBSIDIES

Year 13 is an online resource for post school options that specialises in providing information and services on:

- Apprenticeships
- Gap Year Programs
- Job Vacancies
- Studying, Money Advice
- Internships
- The fun of life after school.

Partnering with leading companies across Australia, Year 13 helps facilitate positive choices for young Australians when finishing school. Check out the website:

<https://year13.com.au/>